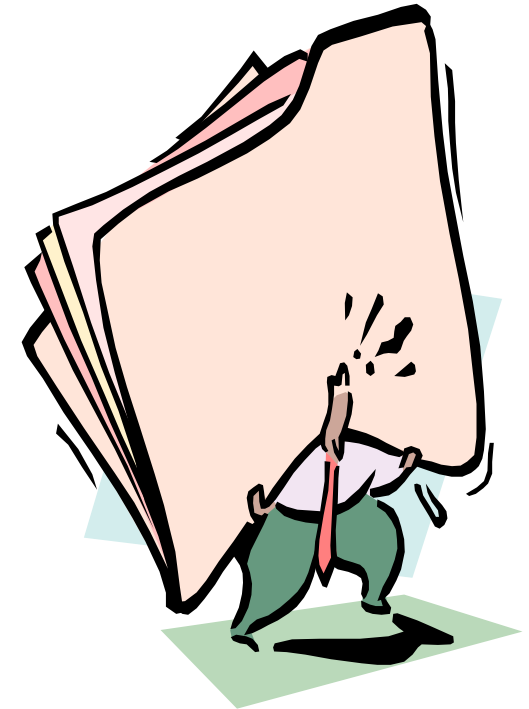

To sum it all up, HIPAA attempts to provide a balance between protecting your privacy and allowing the necessary flow of information between healthcare providers for you to receive quality healthcare service and care. Causeway Chiropractic will always make every effort to ensure your privacy and security.

If you would like additional information or want to learn more, please ask Jordan or Carol at the front desk for a copy of our privacy practices.

CAUSEWAY CHIROPRACTIC

PROTECTING YOUR HEALTH INFORMATION

*What you need to know about the
Health Insurance Portability and
Accountability Act (HIPAA)*



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The concern for privacy and security of personal information is at an all time high. The staff at Causeway Chiropractic wants you to know how seriously we take your concerns and protect your healthcare information.

While we have always strived to ensure the privacy of your personal information, we will now receive additional help from the Federal Government. The passage of new regulations will assist in the standardization of privacy and security measurements among different types of healthcare organizations across the country.

These regulations are part of the Health Insurance Portability and Accountability Act or HIPAA. HIPAA was designed to accomplish three primary goals. These goals include:

1. Standardizing and simplifying the way healthcare organizations exchange electronic health care data.
 2. Providing consumers with additional protections for getting and maintaining health insurance coverage; although, it does not guarantee coverage.
 3. Creating new security rules to ensure the safety and privacy of individual health information and medical records.
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HIPAA ensures the privacy and security of individual health information.

The individual state laws that governed the use and disclosure of your individual health information produced many discrepancies in the way this information is protected. HIPAA sets privacy and security standards for all healthcare organizations to follow. HIPAA also establishes serious penalties for violations of these standards.

What is considered individual health information?

A record of your confidential health information is made more than you may realize. Every time you go to a doctor, a hospital, fill a prescription, or file an insurance claim, a record is made of your private health information. This type of information is protected under the HIPAA standards and regulations.

Healthcare organizations that collect and manage your personal healthcare information are therefore covered by these regulations. This includes physicians, physical therapists, mental health professionals, dentists, chiropractors, optometrists, podiatrists, hospitals, health

plans, employers, claims processors, and any other healthcare organization that conducts administrative and financial transactions.

Under HIPAA, you have certain rights to understand and control how your individual health information is used.

- **Right to education**
Healthcare providers and health plans are required to provide you with a written explanation of how they will use and disclose your information.
- **Right to access medical records**
You have the right to see and obtain copies of your medical records, request changes and receive a history of non-routine disclosures of your personal health information.
- **Right to consent**
Healthcare providers are required to obtain prior consent before sharing personal health information for purposes other than treatment, payment and healthcare operations.
- **Right to Recourse**
You have the right to file a formal complaint if you believe that violations of the regulations were made.